



Letters of Reference

Coming home from the hospital as a new mom, is one of the most anxious states I could imagine going through. After struggling with infertility, a slightly stressful pregnancy, and you finally get through the delivery, and you find out you have almost no idea what you're doing.

When we first booked our After The Stork services, we felt it may help with some extra chores around the house, changing of diapers, etc. We couldn't have possibly imagined how truly extraordinary the decision would actually be. **Joyce was spectacular.** Our first night home, we were exhausted, nervous, and overwhelmed. Joyce was so kind, warm, and amazing with our sweet daughter, but that wasn't what was so spectacular. She jumped right into helping us navigate life with a new baby, reorganizing her room, sanitizing every item I would never have thought to sanitize, supporting me in my breastfeeding journey.

In so many ways, Joyce helped me discover my ability to be a mother. She was encouraging, and helpful, never overbearing, or intrusive. In your first few weeks of being a mother, having someone watching you parent and saying, "you're such a great mother," is truly transformative. There was so much fear for me, and Joyce empowered me every step of the way. It wasn't just during the time "on the clock" we felt truly supported, she would check in on her way to the house incase we needed anything, check in on her days off to make sure I was getting out of the house and getting through my baby blues period. She helped me feel prepared, and confident in being a mom, and eventually navigating the transition of pumping and storing breastmilk in preparation to go back to work. I am actually tearing up while writing this email from complete gratitude.

I feel so sad our 10 weeks is up, and there is no question we will be using your services for our next child, we can never thank Joyce enough for how phenomenal she is, but we will be sure to sing the praises of After The Stork to everyone we know!

Thank you so much for everything!

Love,

The Nye's

Emmalee, Aaron, and sweet Millie

To whom it may concern,

I am writing this letter regarding the competent, professional and loving care provided by Georgette Kerr and her After the Stork team.

We learned of our second pregnancy when our son was just nine months old. A few weeks later, we also received some additional news: we were having identical twins! We felt blessed, nervous and overwhelmed in the wake of this development and, for many months to come.

A solid plan was essential to ensure our families' well-being and sanity with a future including three children under two. After copious research, we selected After the Stork as our partner for postpartum doula care. It was the best decision we could have made. The doulas we were introduced to gracefully ushered us through a very challenging time in our lives and the process and standards assured by Georgette's experience made this service worth every penny we spent. I mean this - we could not have done it with the same level of normalcy without this team.

Ultimately these women became beloved friends to our family and a great comfort to our children. Their work ethic was unparalleled and their advice was based on experience and research. When they were with us, our home was calm and organized and most importantly, we rested knowing our children were in their care each evening.

Georgette and her team took an active role as partners when our daughter was briefly hospitalized at nine days old helping us to provide care at the hospital and at home and allowed me to continue nursing and healing as well. They also designed and participated in the process of teaching our babies to sleep independently with results that remained long after they completed work with our family. Because of this team, we emerged from those early months with our health in check, having provided eight plus months of breast milk to our babies and with many fond & funny memories along the way!

We would have loved to keep our doulas as a part of our care plan forever if we could but we're glad to know more new babies and families will experience her professional, nurturing care.

If you are a family considering After the Stork and would like to speak with me, please reach out to me at any time. It is my distinct pleasure to further elaborate on the positive impact they made on our lives.

With love,

Danielle DeFeo

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After the Stork is a wonderful resource for new and experienced parents after the birth of a baby. We did not use a doula service after our first child was born. I did so the second time around with some reservations. After the first night, I was completely at ease and so elated that we had chosen to use After the Stork. Especially since we had another child, getting much needed sleep was truly a gift. Moreover, Georgette and her entire staff are so knowledgeable and always available for questions and advice even though at first I did not think I would need it as much as I did!

Although we already had a child, I was surprised by how many times I still called on Georgette and our doula for guidance. They know all the best products and I got some lifesaving things (rock n play!) I never heard of the first time around. I also battled with an illness I had not experienced after my first birth and they had such great suggestions for me with treatment. I truly do not think I would have gotten through those weeks without the care and help from our doula.

Our main doula, Christy Snedeker, was absolutely wonderful. She is a consummate professional. Christy would anticipate our needs before we did and was always making helpful suggestions. I felt so confident in Christy's ability to care for our son that I had no problem falling and staying asleep when she was in our home. She is so loving and gentle with babies. She truly loves what she does and it shows. Christy has a great deal of knowledge about infants (and was always backed up with advice from Georgette) and could answer any question that came up. She had great suggestions about feeding, sleeping, etc. Even though we had been through caring for a newborn, she had a lot of good ideas that I had never thought of previously. Knowing I could have and getting a night's sleep helped me immeasurably.

Additionally, Christy is such a hard worker. Waking up after she had been in our home was always a treat - the nursery was super organized and she went above and beyond to make sure our house was orderly and tidy. The ways she helped out were countless - checking my breast pump, helping me order a replacement, organizing after we moved homes, etc.

I literally cannot say enough good things about Christy. She is so efficient and has such a great attitude. She always came to work early and had a smile on her face. We miss her dearly and every night she helped us was seriously a treat!

I highly, highly recommend After the Stork. Georgette hires only the best for her company and I would trust your child in her and her staff's loving hands.

Sincerely,

Audrey Allen

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To Whom It May Concern,

This is a letter in support of Beth Wood and the services of After the Stork, LLC. I employed After the Stork when my husband and I found out that we were having twins. Though I am a pediatrician, and my husband is also a physician, we are first-time parents, have no family support in the area, and of course had no previous experience with twins. We realized early on that we would need help with our transition and decided to hire a post-partum doula service.

Let me begin by saying that we could not have made a better choice. After the Stork came highly recommended in my "Philly Families of Multiples" Facebook group, and we decided to hire them after meeting with Georgette Kerr, the group's owner.

Beth is one of the two doulas who was matched with our family, and she has worked with us since my twins came home from the hospital on day 3 of life. We started out intending only to hire the group for the first 3 weeks of life, and we have since gone on to hire them for a total of *eight* weeks.

Our decision to continue extending the service was whole-heartedly due to our experience with Beth. From the moment she walked in our front door, I felt at complete ease with her and knew that I could trust her with our newborn twins. She was incredibly knowledgeable and supportive in the early days with my breastfeeding attempts and helped me tandem breastfeed my twins as much as possible. When I made the decision to stop nursing and exclusively pump, she was completely non-judgmental and supportive of my decision and alleviated much of the guilt I felt. She clearly cared so much about my well-being, and I was touched. With our twins, she seems to be superwoman. In every overnight shift, she is able to deftly feed, change, and soothe two crying babies at the same time, and yet also manage to help us do their laundry, unload the dishwasher, wash bottles and parts, and countless other small chores. We wake up in the morning to a spotless kitchen, quiet sleeping babies, and a lovely note describing the whole night. It would not be an exaggeration to say that my husband and I literally count down the hours each night until Beth arrives and restores calm to our otherwise chaotic days!!

On a personal level, Beth is such a kind and gentle soul. I have loved my nightly conversations with her, hearing about her children and her own experiences as a mother. She completely eased my transition into motherhood and has helped me grow so much in my strength and confidence.

My husband and I could not speak more highly of Beth or of After the Stork in general. We could not have made it through these early months without them! Please do not hesitate to contact me with any questions about my experience.

Sincerely,
Kesi Yang, MD
kesichen2011@gmail.com

Letter of Reference

We recently had triplets and were desperately in need of help throughout the night. We reached out to Georgette at After the Stork and were very pleased with the services they offered. Georgette and her doulas were very professional and cared for our babies with great effort and responsibility. My wife and I were very skeptical about having others come in to care for our babies, but from day one the doulas proved to be very trustworthy and knowledgeable. Our minds were instantly put at ease. Along with the caring of our babies, the doulas did light housekeeping work such as washing bottles, doing laundry, and even putting together baby items and strollers. We had a wonderful experience with After the Stork and would highly recommend their services.

Adam and Lisa Chosed

Letter of reference: After the Stork

I was so pleased with the help provided by After the Stork. I trusted each of the doulas who worked with us. They are very well trained to provide help with all things baby, including laundry, nursery organization and re-stocking, and troubleshooting issues with fussy babies.

They left the kitchen sparkling every morning, and the trash pail emptied.

I looked forward to the start of each shift when a cheerful and smiling doula would come through the door, ready to help.

I had some doula help with my first baby, and contracted for more help with the second baby. The contrast was remarkable. The newborn period is just a few months, but feels endless when you are in the middle of it, with days and nights blending together. With the first baby, to borrow a common phrase, I “got through it.” But it was a blur. The second time, thanks to the outstanding help provided by After the Stork, I completely enjoyed the newborn period, and have actual fond memories of it!

Jackie H.